

Charger Connections

weekly activities & tips

Self Care Tip:

"I'm Important"! Try starting your day with daily affirmations! It's good for your mental health and builds self-worth.

Wash Hands while Singing

"Whenever, Wherever" Shakira

*Whenever, wherever
We're meant to be together
I'll be there and you'll be near
And that's the deal my dear
Thereover, hereunder
You'll never have to wonder
We can always play by ear
But that's the deal my dear*

Student Engagement:

Student Organization Spotlights!

Political Science & Criminal Justice Club
join our [FB group](#) to learn more and get involved!

HOME follow our Instagram [@home_highlands](#) to learn more and get involved!

Student Resources:

Click [Academic Success Center](#) for quick access to Tutorial, Library, Advising, Student Support, Student Engagement and many more resource tools!

Study Tip:

Shout it out! The dual action of seeing and hearing information at the same time helps seal it into your memory. So, shout those notes out loud!

Virtual Tour:

Click [here](#) to take a walking tour at the Georgia State Capital.

Quote:

*"Never forget where you've been.
Never lose sight of where you are going."*

~ Susan Gale

Social Challenge:

Check out Beginner's Guide to Mexican food [here](#)! Get inspired to make some delicious food!



GHC

GEORGIA HIGHLANDS COLLEGE

University System of Georgia